



Monday
April 7th 2025

Heritage Woods
Secondary

“WE ARE KODIAKS”



BELL SCHEDULE

Monday, April 7, 2025 – NO FLEX

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
Block 3	10:32 – 11:44
LUNCH	11:44 – 12:28
Block 4	12:32 – 1:44
Block 5	1:48 – 3:00



My Weekly Planner Flex Booking System

- Follow the link below (also found on HWSS) website
- Log in with your student number and password
- Enter numbers only for your student number
- Your default password is your student number
- Set new password on first log in
- Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored

Please be respectful
and refrain from
parking in the
handicap spots
located at the back
of the school.
Unauthorized
vehicles may be
towed at the
owner's expense.



Thank you for your cooperation!

HERITAGE WOODS SECONDARY

AFTER GRAD HOLLYWOOD EVENT

JUNE 7TH 2025 | 11:00 PM TO 3:30AM
TICKETS ON SALE APRIL 4TH
SCHOOLCASH ONLINE \$85

EARLY BIRD BONUS

PURCHASE YOUR TICKET BY MIDNIGHT ON APRIL 11TH
FOR A CHANCE TO WIN YOUR TICKET PRICE BACK!!

CASINO TABLE & DEALERS

WIPE OUT

DJ & DANCE FLOOR

MAGICIAN

IRON MAN OBSTACLE COURSE

AIRBRUSH TATTOO

BALLOON ARTIST/JUGGLER

MECHANICAL BULL

CARICATURE ARTISTS

HYPNOTIST

360 PHOTO BOOTH

AIR HOCKEY & MORE

AMAZING
PRIZES

CLASS OF 2025



HWSS GRAND

SPRING TIME

THRIFT SALE

COLLECTING LIGHTLY USED
CLOTHES FOR THRIFT SALE IN APRIL

DROP OFF CLOTHES NEAR ROOM
109 IN THE GRAND HALL



April 4



Greece 2026

March 19th to 30th 2026

VISIT WWW.EFTOURS.CA/2842224VS FOR TOUR DETAILS AND INFORMATION



Don't miss out!

If you have any questions,
please see Mr. Castonguay
and/or up an application
/information package from the
PHE office



International Student Field Trip

Chinatown Storytelling Centre

- Learn about the culture and history of Vancouver Chinatown on a guided tour.
- Visit bakeries and eateries in Chinatown

Date: Thurs 15th May

Time: 9 AM – 3 PM

Cost: \$30 (for transport and tour cost)

See Ms Lee or Ms Mak in EAL Office Rm 243 to sign up.
Deadline is Friday, April 11 for sign-up.



I think the students below are
totally awesome.

Culture Club caught them doing some great
things, such as saying 'thank you', helping others,
stacking chairs, and returning lost/found items to
the office.

Tucker H.
Matthew J.
Taisei T.
Matthew C.

To pick up your prizes, come to the main
office before Block 2, during FLEX, or at
Lunch.



International Student Summer School Registration



Attention all international students:

Summer school registration is now open!!

Please click on the link for information on the courses offered – [Summer Program – Coquitlam School District 43](#)

Please see Ms. A. Lee (Room 245) if you have questions or need help with registration.



Spring Recreation for Youth

Programs begin the week of April 7

For youth
in grades
6-12

NEW! Dance Mix	Badminton	Floor Hockey
Pomo Chefs - Diners, Drive-ins and BBQ's	Pickleball	NEW! Parkour
Standard First Aid & CPR-C/AED	Tennis	Volleyball
NEW! Yoga and Art	Pro-D Day - Babysitter's Training	

Visit portmoody.ca/signmeup to register



Tri-City Youth REACH Awards

The Tri-City REACH Awards recognize the generous contributions of individual youth, youth groups, businesses, organizations, and adult mentors in the Tri-Cities who empower, celebrate, and/or impact youth and the community in significant ways.

Submit nominations online at
portmoody.ca/youth
or in-person by Apr 25.



SCAN ME

CLUBS



Society Of Academic Philanthropists Club



Become a Homework Help Tutor!

Looking for a **weekly, flexible** volunteer opportunity?

Join and help your peers succeed!



WHEN	Wednesdays 3:30 - 5:00pm
WHERE	Room 231 (Resource Room)
HOW	Sign up on TEAMS Channel



Teams code: **of98s6s** Follow **@hwssoap** on Instagram for more info

SD43 CLOTHING SWAP

After Spring Break, clean out your closet and get ready to refresh your wardrobe—swap, don't shop!

SATURDAY - 12 APRIL, 2025
9:00am - 3:00pm

Location: Pinetree Secondary
3000 Pinewood Ave, Coquitlam

TO KNOW MORE:



Save money and refresh your style

Bring clean, gently used clothes

Take home new-to-you fashion

Swap new ones for free



Capstone Day

Volunteer Opportunity

HWSS EVENTS COUNCIL

Date: Thursday, April 10th

Time: 8:30am - 3pm (3 Shifts)

Location: HWSS

More info on Events Council

Teams: *xyntxit*

**Scan code to
sign up:**



Limited Spots

CAREER CENTER



Get Certified- apply at 43careers.com

"What the L" : ICBC Learners Permit Program

Applications Open: April 1, 2025 - 9:00AM Applications Close: April 17, 2025 - 3:00PM

The "What the L" Program is a partnership with SD43 and ICBC to provide students to help prepare students for their **learners permit test**. This **2-day program** allows students to work with an ICBC instructor to better understand the rules of the road and gain tips & tricks for ICBC test taking. All students who take this program will take their learners permit test and upon successful completion will receive their "L!"

Date: Session #1: May 6th, 2025 Session #2 May 13th 2025

Location: Winslow Center

Time: Session #1: 9:00-2:00pm Session #2: 9:00am- 3:00/4:00pm (TBD based on testing times)

Occupational First Aid (OFA) - Level 1

Applications Open: April 1, 2025 - 9:00AM Applications Close: April 17, 2025 - 3:00PM

**applications will be accepted on a first-come-first-served basis*

Occupational First Aid (OFA) Level 1 is a **one-day course** designed to cover all medical techniques considered to be within the responsibility of the Occupational First Aid Level 1 Attendant as required by the Workers' Compensation Board of BC (WCB).

- Date: Wednesday May 21, 2025
- Location: Como Lake Middle School
- Time: 8.30am -4:30pm